

# Don't Be Part of the Statistics!

You can't avoid talking about

## THE CHOKING GAME

Parents and guardians may be wary of talking to their children about the seriousness of the "Choking Game". They may think: "After all, what if our children haven't ever heard of the game and I'm the one who's introducing the concept?"

As a D.A.R.E. officer put it:

"Would you rather have the kids get the adult version of the details or the playground version?"

Kids who died "playing" the game, ranged in age from 6 to 19. 75% of children between the ages of 9 and 16 have heard about the "Choking Game" but only 25% of parents have heard of the game; only 7% said they knew of the game before their children died. (Culture of Safety)

Teens frequently keep details about these games under wraps. Parents often don't hear about them until someone in the community is rushed to the emergency room or dies. (WebMD)

To read more about the "Choking Game" and how to prevent it, visit: [www.theninjamovement.org](http://www.theninjamovement.org). All the information included on the website as well as on this flyer was compiled with the only intent to educate, inform and alert about the "Choking Game" to prevent tragedies and save children's lives. Want to participate: [nomore@theninjamovement.org](mailto:nomore@theninjamovement.org). Sources: AACAP, Culture of Safety, G.A.S.P., WebMD.com, erikscause.org, CRC health, CDC (Centers for Disease Control).

As many as **1,000** kids die each year "playing".

**It's not a game**  
It is a deadly activity!

For the safety of your own kids, it's important to make yourself aware of the details of these games.

"There's no room for a learning curve, because the very first time (you play), you can die."

Alfred Sacchetti  
chief of emergency medicine  
Camden, N.J.

(WebMD)

Boys and girls both participate, to some degree. "Boys, teens in middle school... kids of any age may try it. They usually happen in groups where there is peer pressure." Ped. Jennifer Shu, MD. (WebMD)

As parents we want to think our kids are smart enough to not play such a dangerous stupid "game", but we don't realize their brains are not fully developed to think as adults. Adolescents are more likely to engage in dangerous or risky behavior. (AACAP)

Many parents warn their children about the dangers of drugs and alcohol, but fewer parents know that they should also warn against so-called "games" that are so risky they can lead to injury or death. (WebMD)